

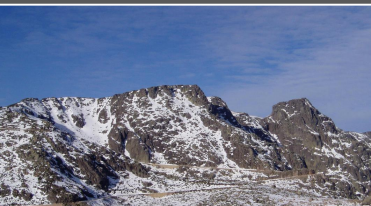
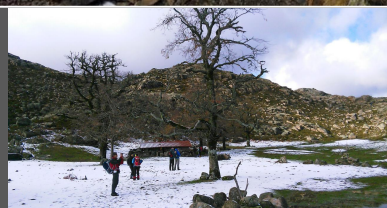


'2022

PLANO DE ACTIVIDADES

'JAN.

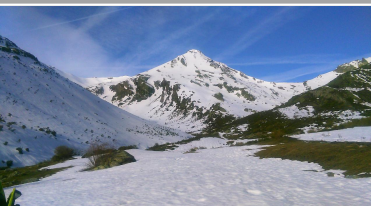
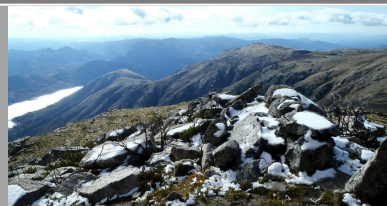
15 MONTANHISMO



22e23 SERRA DA ESTRELA
MONTANHISMO

'FEV.

12e13 SERRA AMARELA
MONTANHISMO



26a1 ALPINISMO

'MAR.

12e13 SERRA DO GERÊS
MONTANHISMO



26 CASTRO DAIRE
SERRA DE BIGORNE
MONTANHISMO

CLUBE NACIONAL DE MONTANHISMO

INSCRIÇÕES POR EMAIL CNM.MONTANHISMO@GMAIL.COM